

Your brand. Distinctive taste.



Bar catalogue

26 recipes · 31 weight options

Ingredients. Nutritional information.

YOUR BRAND wrappers: promotional visualisations.

Choose your range

Protein bars

5 flavours · 50 g / 80 g

03–07



Layered protein bars

8 flavours · 40 g

08–15



Junior protein bars

2 flavours · 30 g

16–17



Nut bars

3 flavours · 40 g

18–20



Plant-based protein bars

4 flavours · 40 g

21–24



Plant-based nut bars

3 flavours · 40 g

25–27



Energy bar

Apple, raisins and cinnamon · 40 g

28



Vitamins and minerals

Additional information for the Junior range

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PROTEIN BARS

Coconut

In milk chocolate

50 g / 80 g



NUTRITION	100 g	50 g / bar	80 g / bar
Energy	1 737 kJ / 415 kcal	869 kJ / 208 kcal	1390 kJ / 332 kcal
Fat	19 g	9,5 g	15,2 g
of which saturates	9,1 g	4,55 g	7,28 g
Carbohydrate	33 g	16,5 g	26,4 g
of which sugars	3,4 g	1,7 g	2,72 g
Fibre	2,0 g	1 g	1,6 g
Protein	35 g	17,5 g	28 g
Salt	0,55 g	0,28 g	0,44 g

INGREDIENTS

milk chocolate with maltitol 20 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), hydrolysed collagen peptides 15 %, sweetener: maltitols; humectant: glycerol; soy protein 8,9 %, milk protein concentrate 6,9 %, whey protein concentrate 6,9 %, desiccated coconut 6,7 %, rapeseed oil, water, whole milk powder, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, antioxidant: tocopherol-rich extract. May contain peanuts and nuts.

PROTEIN BARS

Chocolate

In milk chocolate

50 g / 80 g



NUTRITION	100 g	50 g / bar	80 g / bar
Energy	1 670 kJ / 399 kcal	835 kJ / 200 kcal	1336 kJ / 319 kcal
Fat	16 g	8 g	12,8 g
of which saturates	7,0 g	3,5 g	5,6 g
Carbohydrate	33 g	16,5 g	26,4 g
of which sugars	3,2 g	1,6 g	2,56 g
Fibre	2,6 g	1,3 g	2,08 g
Protein	36 g	18 g	28,8 g
Salt	0,61 g	0,31 g	0,49 g

INGREDIENTS

milk chocolate with maltitol 20 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), hydrolysed collagen peptides 16 %, humectant: glycerol; sweetener: maltitols; soy protein 9,2 %, milk protein concentrate 7,2 %, whey protein concentrate 7,2 %, rapeseed oil, water, reduced-fat cocoa powder 3,4 % (reduced-fat cocoa powder, acidity regulator: potassium carbonates), desiccated coconut, whole milk powder, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, antioxidant: tocopherol-rich extract. May contain peanuts and nuts.

PROTEIN BARS

Peanut and caramel

In milk chocolate

50 g / 80 g



NUTRITION	100 g	50 g / bar	80 g / bar
Energy	1 682 kJ / 402 kcal	841 kJ / 201 kcal	1346 kJ / 322 kcal
Fat	19 g	9,5 g	15,2 g
of which saturates	8,1 g	4,05 g	6,48 g
Carbohydrate	37 g	18,5 g	29,6 g
of which sugars	3,8 g	1,9 g	3,04 g
Fibre	1,8 g	0,9 g	1,44 g
Protein	29 g	14,5 g	23,2 g
Salt	0,52 g	0,26 g	0,42 g

INGREDIENTS

milk chocolate with maltitol 22 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), caramel paste 14 % [humectant: glycerol; maltodextrin, oligofructose (fibre), sweetener: maltitols; coconut oil, skimmed milk powder, water, modified starch, colour: caramel; gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: rapeseed lecithin; natural flavourings, salt, thickener: xanthan gum], hydrolysed collagen peptides 11 %, sweetener: maltitols; humectant: glycerol; soy protein 6,8 %, crushed roasted peanuts 6 %, milk protein concentrate 5,3 %, whey protein concentrate 5,3 %, rapeseed oil, water, desiccated coconut, reduced-fat cocoa powder 1,5 % (reduced-fat cocoa powder, acidity regulator: potassium carbonates), whole milk powder, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, antioxidant: tocopherol-rich extract. May contain nuts.

PROTEIN BARS

Coconut cheesecake

In milk chocolate

50 g / 80 g



NUTRITION	100 g	50 g / bar	80 g / bar
Energy	1 707 kJ / 408 kcal	854 kJ / 204 kcal	1366 kJ / 326 kcal
Fat	20 g	10 g	16 g
of which saturates	8,8 g	4,4 g	7,04 g
Carbohydrate	38 g	19 g	30,4 g
of which sugars	3,8 g	1,9 g	3,04 g
Fibre	2,3 g	1,15 g	1,84 g
Protein	27 g	13,5 g	21,6 g
Salt	0,72 g	0,36 g	0,58 g

INGREDIENTS

milk chocolate with maltitol 22 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), caramel paste 14 % [humectant: glycerol; maltodextrin, oligofructose (fibre), sweetener: maltitols; coconut oil, skimmed milk powder, water, modified starch, colour: caramel; gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: rapeseed lecithin; natural flavourings, salt, thickener: xanthan gum], hydrolysed collagen peptides 11 %, sweetener: maltitols; humectant: glycerol; soy protein 6,6 %, crushed almonds 6 %, milk protein concentrate 5,1 %, whey protein concentrate 5,1 %, rapeseed oil, desiccated coconut 3,7 %, water, whole milk powder, acidity regulator: lactic acid; salt 0,3 %, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, antioxidant: tocopherol-rich extract. May contain peanuts and other nuts.

PROTEIN BARS

Salted caramel

In milk chocolate

50 g / 80 g



NUTRITION	100 g	50 g / bar	80 g / bar
Energy	1 602 kJ / 383 kcal	801 kJ / 192 kcal	1282 kJ / 306 kcal
Fat	15 g	7,5 g	12 g
of which saturates	7,7 g	3,85 g	6,16 g
Carbohydrate	38 g	19 g	30,4 g
of which sugars	3,5 g	1,75 g	2,8 g
Fibre	1,5 g	0,75 g	1,2 g
Protein	31 g	15,5 g	24,8 g
Salt	1,1 g	0,55 g	0,88 g

INGREDIENTS

milk chocolate with maltitol 22 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), caramel paste 14 % [humectant: glycerol; maltodextrin, oligofructose (fibre), sweetener: maltitols; coconut oil, skimmed milk powder, water, modified starch, colour: caramel; gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: rapeseed lecithin; natural flavourings, salt, thickener: xanthan gum], hydrolysed collagen peptides 11 %, sweetener: maltitols; humectant: glycerol; soy protein 7,2 %, milk protein concentrate 5,6 %, whey protein concentrate 5,6 %, soy crisps 5 % (soy protein, tapioca starch, salt), rapeseed oil, water, desiccated coconut, whole milk powder, salt 0,5 %, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, antioxidant: tocopherol-rich extract. May contain peanuts and other nuts.

LAYERED PROTEIN BARS

Chocolate and double caramel

In milk chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 665 kJ / 398 kcal	666 kJ / 159 kcal
Fat	20 g	8 g
of which saturates	9,2 g	3,68 g
Carbohydrate	40 g	16 g
of which sugars	4,5 g	1,8 g
Fibre	2,8 g	1,12 g
Protein	22 g	8,8 g
Salt	0,39 g	0,16 g

INGREDIENTS

caramel paste 25 % [humectant: glycerol; maltodextrin, oligofructose (fibre), sweetener: maltitols; coconut oil, skimmed milk powder, water, modified starch, colour: caramel; gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: rapeseed lecithin; natural flavourings, salt, thickener: xanthan gum], milk chocolate with maltitol 25 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), roasted peanuts 10 %, hydrolysed collagen peptides 7,9 %, sweetener: maltitols; humectant: glycerol; soy protein 4,7 %, milk protein concentrate 3,6 %, whey protein concentrate 3,6 %, rapeseed oil, water, desiccated coconut, reduced-fat cocoa powder 1 % (reduced-fat cocoa powder, acidity regulator: potassium carbonates), whole milk powder, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, preservative: potassium sorbate; antioxidant: tocopherol-rich extract. May contain nuts.

LAYERED PROTEIN BARS

Vanilla and chocolate caramel

Double layer · Milk chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 697 kJ / 406 kcal	679 kJ / 162 kcal
Fat	20 g	8 g
of which saturates	8,1 g	3,24 g
Carbohydrate	43 g	17,2 g
of which sugars	4,4 g	1,76 g
Fibre	4,5 g	1,8 g
Protein	22 g	8,8 g
Salt	0,39 g	0,16 g

INGREDIENTS

chocolate-flavoured caramel paste 25 % [humectant: glycerol; maltodextrin, oligofructose (fibre), water, sweetener: maltitols; coconut oil, modified starch, skimmed milk powder, cocoa powder, gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: soy lecithin; natural flavourings, salt, thickener: xanthan gum; colour: caramel], milk chocolate with maltitol 25 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), roasted peanuts 10 %, hydrolysed collagen peptides 7 %, humectant: glycerol; sweetener: maltitols; soy protein 5,1 %, milk protein concentrate 4 %, whey protein concentrate 4 %, rapeseed oil, water, desiccated coconut, whole milk powder, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; natural flavourings, preservative: potassium sorbate; antioxidant: tocopherol-rich extract. May contain nuts.

LAYERED PROTEIN BARS

Double salted caramel

In milk chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 645 kJ / 393 kcal	658 kJ / 157 kcal
Fat	20 g	8 g
of which saturates	9,1 g	3,64 g
Carbohydrate	41 g	16,4 g
of which sugars	4,5 g	1,8 g
Fibre	2,5 g	1 g
Protein	22 g	8,8 g
Salt	1,0 g	0,4 g

INGREDIENTS

caramel paste 25 % [humectant: glycerol; maltodextrin, oligofructose (fibre), sweetener: maltitols; coconut oil, skimmed milk powder, water, modified starch, colour: caramel; gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: rapeseed lecithin; natural flavourings, salt, thickener: xanthan gum], milk chocolate with maltitol 25 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), roasted peanuts 10 %, hydrolysed collagen peptides 7,5 %, sweetener: maltitols; humectant: glycerol; soy protein 4,9 %, milk protein concentrate 3,8 %, whey protein concentrate 3,8 %, rapeseed oil, water, desiccated coconut, whole milk powder, salt 0,6 %, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, preservative: potassium sorbate; antioxidant: tocopherol-rich extract. May contain nuts.

LAYERED PROTEIN BARS

Coconut and chocolate caramel

Double layer · Milk chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 732 kJ / 414 kcal	693 kJ / 166 kcal
Fat	21 g	8,4 g
of which saturates	8,7 g	3,48 g
Carbohydrate	44 g	17,6 g
of which sugars	34,4 g	13,76 g
Fibre	4,7 g	1,88 g
Protein	21 g	8,4 g
Salt	0,36 g	0,14 g

INGREDIENTS

chocolate-flavoured caramel paste 25 % [humectant: glycerol; maltodextrin, oligofructose (fibre), water, sweetener: maltitols; coconut oil, modified starch, skimmed milk powder, cocoa powder, gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: soy lecithin; natural flavourings, salt, thickener: xanthan gum; colour: caramel], milk chocolate with maltitol 25 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), roasted peanuts 10 %, hydrolysed collagen peptides 7,7 %, sweetener: maltitols; humectant: glycerol; soy protein 4,6 %, milk protein concentrate 3,5 %, whey protein concentrate 3,5 %, rapeseed oil, desiccated coconut 2,6 %, water, whole milk powder, acidity regulator: lactic acid; thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, preservative: potassium sorbate; antioxidant: tocopherol-rich extract. May contain nuts.

LAYERED PROTEIN BARS

Mint and double caramel

In dark chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 641 kJ / 392 kcal	656 kJ / 157 kcal
Fat	19 g	7,6 g
of which saturates	8,9 g	3,56 g
Carbohydrate	40 g	16 g
of which sugars	2,6 g	1,04 g
Fibre	3,4 g	1,36 g
Protein	22 g	8,8 g
Salt	0,39 g	0,16 g

INGREDIENTS

caramel paste 25 % [humectant: glycerol; maltodextrin, oligofructose (fibre), sweetener: maltitols; coconut oil, skimmed milk powder, water, modified starch, colour: caramel; gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: rapeseed lecithin; natural flavourings, salt, thickener: xanthan gum], dark chocolate with maltitol 25 % (sweetener: maltitols; cocoa mass, cocoa butter, cocoa powder, emulsifier: rapeseed lecithin; flavouring), roasted peanuts 10 %, hydrolysed collagen peptides 7,5 %, sweetener: maltitols; soy protein 6,4 %, humectant: glycerol; milk protein concentrate 3,1 %, whey protein concentrate 3,1 %, rapeseed oil, water, desiccated coconut, whole milk powder, colour: copper complexes of chlorophylls and chlorophyllins; thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; natural flavourings, preservative: potassium sorbate; antioxidant: tocopherol-rich extract. May contain nuts.

LAYERED PROTEIN BARS

Banana and chocolate caramel

Double layer · Dark chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 682 kJ / 402 kcal	673 kJ / 161 kcal
Fat	19 g	7,6 g
of which saturates	7,9 g	3,16 g
Carbohydrate	42 g	16,8 g
of which sugars	3,8 g	1,52 g
Fibre	5,4 g	2,16 g
Protein	21 g	8,4 g
Salt	0,30 g	0,12 g

INGREDIENTS

chocolate-flavoured caramel paste 25 % [humectant: glycerol; maltodextrin, oligofructose (fibre), water, sweetener: maltitols; coconut oil, modified starch, skimmed milk powder, cocoa powder, gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: soy lecithin; natural flavourings, salt, thickener: xanthan gum; colour: caramel], dark chocolate with maltitol 25 % (sweetener: maltitols; cocoa mass, cocoa butter, cocoa powder, emulsifier: rapeseed lecithin; flavouring), roasted peanuts 10 %, hydrolysed collagen peptides 7,6 %, sweetener: maltitols; humectant: glycerol; soy protein 4,5 %, milk protein concentrate 3,6 %, whey protein concentrate 3,6 %, rapeseed oil, freeze-dried bananas 2 %, water, desiccated coconut, whole milk powder, thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; flavourings, colour: curcumin; preservative: potassium sorbate; antioxidant: tocopherol-rich extract. May contain nuts.

LAYERED PROTEIN BARS

Cookies and double caramel

In white coating

40 g



NUTRITION	100 g	40 g / bar
Energy	1 679 kJ / 401 kcal	672 kJ / 160 kcal
Fat	21 g	8,4 g
of which saturates	13 g	5,2 g
Carbohydrate	39 g	15,6 g
of which sugars	5,1 g	2,04 g
Fibre	2,2 g	0,88 g
Protein	23 g	9,2 g
Salt	0,43 g	0,17 g

INGREDIENTS

caramel paste 25 % [humectant: glycerol; maltodextrin, oligofructose (fibre), sweetener: maltitols; coconut oil, skimmed milk powder, water, modified starch, colour: caramel; gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: rapeseed lecithin; natural flavourings, salt, thickener: xanthan gum], white coating with maltitol 25 % (sweetener: maltitol; rapeseed oil, coconut oil, sweet whey powder, skimmed milk powder, emulsifier: rapeseed lecithin; flavouring), roasted peanuts 10 %, hydrolysed collagen peptides 7,6 %, sweetener: maltitol; humectant: glycerol; soy protein 4,9 %, milk protein concentrate 3,8 %, whey protein concentrate 3,8 %, rapeseed oil, water, soy crisps (soy protein, tapioca starch, salt), desiccated coconut, whole milk powder, colour: vegetable carbon; thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; preservative: potassium sorbate; flavourings, antioxidant: tocopherol extract. May contain nuts.

LAYERED PROTEIN BARS

Strawberry and chocolate caramel

Double layer · White coating

40 g



NUTRITION	100 g	40 g / bar
Energy	1 740 kJ / 416 kcal	696 kJ / 166 kcal
Fat	21 g	8,4 g
of which saturates	12 g	4,8 g
Carbohydrate	44 g	17,6 g
of which sugars	5,3 g	2,12 g
Fibre	4,4 g	1,76 g
Protein	21 g	8,4 g
Salt	0,37 g	0,15 g

INGREDIENTS

chocolate-flavoured caramel paste 25 % [humectant: glycerol; maltodextrin, oligofructose (fibre), water, sweetener: maltitols; coconut oil, modified starch, skimmed milk powder, cocoa powder, gelling agent: pectins; acidity regulator: calcium lactate; emulsifier: soy lecithin; natural flavourings, salt, thickener: xanthan gum; colour: caramel], white coating with maltitol 25 % (sweetener: maltitol; rapeseed oil, coconut oil, sweet whey powder, skimmed milk powder, emulsifier: rapeseed lecithin; flavouring), roasted peanuts 10 %, hydrolysed collagen peptides 7,6 %, sweetener: maltitol; humectant: glycerol; soy protein 4,5 %, milk protein concentrate 3,5 %, whey protein concentrate 3,5 %, rapeseed oil, desiccated coconut, water, whole milk powder, freeze-dried strawberry pieces 0,6 %, acidity regulator: lactic acid; thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; preservative: potassium sorbate; flavourings, antioxidant: tocopherol extract. May contain nuts.

JUNIOR PROTEIN BARS

Chocolate and vanilla

In milk chocolate

30 g



NUTRITION	100 g	30 g / bar
Energy	2 050 kJ / 490 kcal	615 kJ / 147 kcal
Fat	19 g	5,7 g
of which saturates	8,1 g	2,43 g
Carbohydrate	42 g	12,6 g
of which sugars	21 g	6,3 g
Fibre	1,3 g	0,39 g
Protein	26 g	7,8 g
Salt	0,25 g	0,08 g

INGREDIENTS

milk chocolate with maltitol 18 % (sweetener: maltitol; cocoa butter, whole milk powder, cocoa mass, reduced-fat cocoa powder, emulsifier: sunflower lecithin; flavouring), vanillin-flavoured paste 18 % (sugar, palm fat, shea nut fat, sweet whey powder, skimmed milk powder, emulsifier: sunflower lecithin; flavouring, natural pepper extract), milk protein concentrate 17 %, sugar-coated confectionery 11 % [milk chocolate (sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier: sunflower lecithin; natural vanilla flavouring), sugar, rice starch, thickener: gum arabic; glucose syrup, plant colouring concentrates (saffron, lemon, radish, carrot, blackcurrant, hibiscus), spirulina concentrate, glazing agent: carnauba wax], hydrolysed collagen peptides 10 %, sweetener: maltitol; humectant: glycerol; rapeseed oil, water, vitamin and mineral premix (vitamin B1, vitamin B2, niacin, pantothenic acid, vitamin B6, folic acid, vitamin B12, vitamin D, vitamin E, vitamin C, zinc, calcium, magnesium), cocoa powder 1,8 % (cocoa powder, acidity regulator: potassium carbonate), thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; preservative: potassium sorbate; natural chocolate flavouring, antioxidant: tocopherol extract. May contain peanuts, nuts and soy. Vitamins and minerals: see page 29.

JUNIOR PROTEIN BARS

Vanilla and hazelnut

In milk chocolate

30 g



NUTRITION	100 g	30 g / bar
Energy	2 043 kJ / 488 kcal	613 kJ / 146 kcal
Fat	18 g	5,4 g
of which saturates	7,0 g	2,1 g
Carbohydrate	42 g	12,6 g
of which sugars	21 g	6,3 g
Fibre	1,0 g	0,3 g
Protein	27 g	8,1 g
Salt	0,20 g	0,06 g

INGREDIENTS

milk protein concentrate 19 %, milk chocolate with maltitol 17 % (sweetener: maltitol; cocoa butter, whole milk powder, cocoa mass, reduced-fat cocoa powder, emulsifier: sunflower lecithin; flavouring), sugar-coated confectionery 11 % [milk chocolate (sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier: sunflower lecithin; natural vanilla flavouring), sugar, rice starch, thickener: gum arabic; glucose syrup, plant colouring concentrates (saffron, lemon, radish, carrot, blackcurrant, hibiscus), spirulina concentrate, glazing agent: carnauba wax], hydrolysed collagen peptides 10 %, vanillin-flavoured paste 18 % (sugar, palm fat, shea nut fat, sweet whey powder, skimmed milk powder, emulsifier: sunflower lecithin; flavouring, natural pepper extract), nut paste 9 % (sugar, almonds, hazelnuts, almond oil, hazelnut oil), sweetener: maltitol; humectant: glycerol; rapeseed oil, water, vitamin and mineral premix (vitamin B1, vitamin B2, niacin, pantothenic acid, vitamin B6, folic acid, vitamin B12, vitamin D, vitamin E, vitamin C, zinc, calcium, magnesium), thickener: gum arabic; emulsifier: mono- and diglycerides of fatty acids; preservative: potassium sorbate; natural vanilla flavouring, antioxidant: tocopherol extract. May contain soy. Vitamins and minerals: see page 29.

NUT BARS

Four nuts

Milk chocolate · Soy crisps

40 g



NUTRITION	100 g	40 g / bar
Energy	2 235 kJ / 534 kcal	894 kJ / 214 kcal
Fat	38 g	15,2 g
of which saturates	6,4 g	2,56 g
Carbohydrate	29 g	11,6 g
of which sugars	14 g	5,6 g
Fibre	8,0 g	3,2 g
Protein	19 g	7,6 g
Salt	0,09 g	0,04 g

INGREDIENTS

roasted peanuts 45 %, glucose syrup, almonds 13 %, milk chocolate with maltitol 10 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), glucose-fructose syrup, pistachios 5,8 %, cashew pieces 3,6 %, soy crisps 1,7 % (soy protein, tapioca starch, salt), rapeseed oil, emulsifier: sunflower lecithin; salt. May contain other nuts. May contain small pieces of fruit stones and nutshells.

NUT BARS

Forest fruits and nuts

Milk chocolate · Soy crisps

40 g



NUTRITION	100 g	40 g / bar
Energy	2 122 kJ / 507 kcal	849 kJ / 203 kcal
Fat	33 g	13,2 g
of which saturates	6,1 g	2,44 g
Carbohydrate	36 g	14,4 g
of which sugars	21 g	8,4 g
Fibre	7,7 g	3,08 g
Protein	17 g	6,8 g
Salt	0,12 g	0,05 g

INGREDIENTS

roasted peanuts 52 %, glucose syrup, milk chocolate with maltitol 10 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), sweetened dried cranberries 9,6 % (cranberries 60 %, sugar, sunflower oil), glucose-fructose syrup, cashew pieces 5,4 %, rapeseed oil, soy crisps 1,4 % (soy protein, tapioca starch, salt), freeze-dried blackcurrants 0,7 %, freeze-dried raspberry pieces 0,5 %, emulsifier: sunflower lecithin; salt. May contain other nuts. May contain small pieces of fruit stones and nutshells.

NUT BARS

Salted caramel and peanuts

Milk chocolate · Soy crisps

40 g



NUTRITION	100 g	40 g / bar
Energy	2 197 kJ / 525 kcal	879 kJ / 210 kcal
Fat	35 g	14 g
of which saturates	6,1 g	2,44 g
Carbohydrate	33 g	13,2 g
of which sugars	16 g	6,4 g
Fibre	7,2 g	2,88 g
Protein	18 g	7,2 g
Salt	0,73 g	0,29 g

INGREDIENTS

salted roasted peanuts 45 % (peanuts, sunflower oil, salt), glucose syrup, milk chocolate with maltitol 10 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), cashew pieces 8,8 %, roasted peanuts 8,8 %, glucose-fructose syrup, caramel pieces 5,6 % (sugar, glucose syrup, salt), soy crisps 1,8 % (soy protein, tapioca starch, salt), rapeseed oil, emulsifier: sunflower lecithin; salt. May contain other nuts. May contain small pieces of fruit stones and nutshells.

PLANT-BASED PROTEIN BARS

Cocoa

In dark chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 563 kJ / 373 kcal	625 kJ / 149 kcal
Fat	15 g	6 g
of which saturates	7,2 g	2,88 g
Carbohydrate	30 g	12 g
of which sugars	28 g	11,2 g
Fibre	19 g	7,6 g
Protein	21 g	8,4 g
Salt	0,30 g	0,12 g

INGREDIENTS

date paste, oligofructose (fibre), dark chocolate 17 % (cocoa mass, sugar, reduced-fat cocoa powder, cocoa butter, emulsifiers: soy lecithin, E476; Bourbon vanilla extract), rice protein 10 %, soy protein 10 %, almonds, cocoa powder 4 % (cocoa powder, acidity regulator: potassium carbonate), cocoa butter, cashews, flavouring, antioxidant: tocopherol extract. May contain peanuts and other nuts.

PLANT-BASED PROTEIN BARS

Roasted coffee

In dark chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 551 kJ / 371 kcal	620 kJ / 148 kcal
Fat	15 g	6 g
of which saturates	6,9 g	2,76 g
Carbohydrate	30 g	12 g
of which sugars	28 g	11,2 g
Fibre	19 g	7,6 g
Protein	20 g	8 g
Salt	0,29 g	0,12 g

INGREDIENTS

date paste, dark chocolate 17 % (cocoa mass, sugar, reduced-fat cocoa powder, cocoa butter, emulsifiers: soy lecithin, E476; Bourbon vanilla extract), oligofructose (fibre), rice protein 10 %, soy protein 10 %, almonds, roasted ground coffee beans 4,2 %, cocoa butter, sweetened dried cranberries (cranberries, sugar, sunflower oil), cashews, antioxidant: tocopherol extract. May contain peanuts and other nuts.

PLANT-BASED PROTEIN BARS

Raspberry

In dark chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 554 kJ / 371 kcal	622 kJ / 148 kcal
Fat	14 g	5,6 g
of which saturates	6,8 g	2,72 g
Carbohydrate	32 g	12,8 g
of which sugars	31 g	12,4 g
Fibre	18 g	7,2 g
Protein	20 g	8 g
Salt	0,29 g	0,12 g

INGREDIENTS

date paste, oligofructose (fibre), dark chocolate 17 % (cocoa mass, sugar, reduced-fat cocoa powder, cocoa butter, emulsifiers: soy lecithin, E476; Bourbon vanilla extract), rice protein 10 %, soy protein 10 %, sweetened dried cranberries (cranberries, sugar, sunflower oil), almonds, cocoa butter, freeze-dried raspberries 2,8 %, cashews, flavouring, antioxidant: tocopherol extract. May contain peanuts and other nuts.

PLANT-BASED PROTEIN BARS

Blackcurrant

In dark chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	1 550 kJ / 370 kcal	620 kJ / 148 kcal
Fat	14 g	5,6 g
of which saturates	-	-
Carbohydrate	32 g	12,8 g
of which sugars	31 g	12,4 g
Fibre	19 g	7,6 g
Protein	20 g	8 g
Salt	0,28 g	0,11 g

INGREDIENTS

date paste, dark chocolate 17 % (cocoa mass, sugar, reduced-fat cocoa powder, cocoa butter, emulsifiers: soy lecithin, E476; Bourbon vanilla extract), oligofructose (fibre), rice protein 9,9 %, soy protein 9,9 %, sweetened dried cranberries (cranberries, sugar, sunflower oil), almonds, freeze-dried blackcurrants 4,1 %, cocoa butter, cashews, natural blackcurrant flavouring, antioxidant: tocopherol extract. May contain peanuts and other nuts.

PLANT-BASED NUT BARS

Salted caramel and peanuts

Dark chocolate · Soy crisps

40 g



NUTRITION	100 g	40 g / bar
Energy	2 196 kJ / 525 kcal	878 kJ / 210 kcal
Fat	35 g	14 g
of which saturates	6,0 g	2,4 g
Carbohydrate	33 g	13,2 g
of which sugars	16 g	6,4 g
Fibre	7,6 g	3,04 g
Protein	18 g	7,2 g
Salt	0,71 g	0,28 g

INGREDIENTS

salted roasted peanuts 45 % (peanuts, sunflower oil, salt), glucose syrup, dark chocolate with maltitol 10 % (sweetener: maltitols; cocoa mass, cocoa butter, cocoa powder, emulsifier: rapeseed lecithin; flavouring), cashew pieces 8,7 %, roasted peanuts 8,7 %, glucose-fructose syrup, caramel pieces 5,6 % (sugar, glucose syrup, salt), soy crisps 1,8 % (soy protein, tapioca starch, salt), rapeseed oil, emulsifier: sunflower lecithin; salt. May contain other nuts. May contain small pieces of fruit stones and nutshells.

PLANT-BASED NUT BARS

Four nuts

Dark chocolate · Soy crisps

40 g



NUTRITION	100 g	40 g / bar
Energy	2 234 kJ / 534 kcal	894 kJ / 214 kcal
Fat	38 g	15,2 g
of which saturates	6,4 g	2,56 g
Carbohydrate	29 g	11,6 g
of which sugars	13 g	5,2 g
Fibre	8,3 g	3,32 g
Protein	19 g	7,6 g
Salt	0,07 g	0,03 g

INGREDIENTS

roasted peanuts 45 %, glucose syrup, almonds 13 %, dark chocolate with maltitol 10 % (sweetener: maltitols; cocoa mass, cocoa butter, cocoa powder, emulsifier: rapeseed lecithin; flavouring), glucose-fructose syrup, pistachios 5,8 %, cashew pieces 3,6 %, soy crisps 1,7 % (soy protein, tapioca starch, salt), rapeseed oil, emulsifier: sunflower lecithin; salt. May contain other nuts. May contain small pieces of fruit stones and nutshells.

PLANT-BASED NUT BARS

Forest fruits and nuts

Dark chocolate · Soy crisps

40 g



NUTRITION	100 g	40 g / bar
Energy	2 115 kJ / 505 kcal	846 kJ / 202 kcal
Fat	33 g	13,2 g
of which saturates	6,2 g	2,48 g
Carbohydrate	34 g	13,6 g
of which sugars	20 g	8 g
Fibre	8,3 g	3,32 g
Protein	17 g	6,8 g
Salt	0,11 g	0,04 g

INGREDIENTS

roasted peanuts 52 %, glucose syrup, dark chocolate with maltitol 10 % (sweetener: maltitols; cocoa mass, cocoa butter, cocoa powder, emulsifier: rapeseed lecithin; flavouring), sweetened dried cranberries 9,6 % (cranberries 60 %, sugar, sunflower oil), glucose-fructose syrup, cashew pieces 5,4 %, rapeseed oil, soy crisps 1,4 % (soy protein, tapioca starch, salt), freeze-dried blackcurrants 0,7 %, freeze-dried raspberry pieces 0,5 %, emulsifier: sunflower lecithin; salt. May contain other nuts. May contain small pieces of fruit stones and nutshells.

ENERGY BAR

Apple, raisins and cinnamon

Walnuts · Milk chocolate

40 g



NUTRITION	100 g	40 g / bar
Energy	2 028 kJ / 485 kcal	811 kJ / 194 kcal
Fat	30 g	12 g
of which saturates	4,7 g	1,88 g
Carbohydrate	47 g	18,8 g
of which sugars	25 g	10 g
Fibre	4,5 g	1,8 g
Protein	8,0 g	3,2 g
Salt	0,11 g	0,04 g

INGREDIENTS

walnut pieces 29 %, glucose syrup, roasted peanuts 10 %, milk chocolate with maltitol 10 % (sweetener: maltitols; cocoa butter, whole milk powder, cocoa mass, emulsifier: rapeseed lecithin; flavouring), dried raisins 9,4 % (raisins 99 %, sunflower oil), glucose-fructose syrup, dried apple pieces 8,4 % (apples 99,3 %, antioxidant: citric acid), rice crisps (rice semolina, sugar, salt, rapeseed oil), rapeseed oil, ground cinnamon 0,8 %, emulsifier: sunflower lecithin; salt. May contain soy and other nuts. May contain small pieces of fruit stones and nutshells.

Vitamins and minerals

Values apply to both 30 g Junior bars.

Nutrient	100 g	NRV*	30 g	NRV*
Vitamin B1	0,55 mg	50 %	0,165 mg	15 %
Vitamin B2	0,7 mg	50 %	0,21 mg	15 %
Niacin	8 mg	50 %	2,4 mg	15 %
Pantothenic acid	3 mg	50 %	0,9 mg	15 %
Vitamin B6	0,7 mg	50 %	0,21 mg	15 %
Folic acid	100 µg	50 %	30 µg	15 %
Vitamin B12	1,25 µg	50 %	0,375 µg	15 %
Vitamin D	2,5 µg	50 %	0,75 µg	15 %
Vitamin E	6 mg	50 %	1,8 mg	15 %
Vitamin C	40 mg	50 %	12 mg	15 %
Zinc	5 mg	50 %	1,5 mg	15 %
Calcium	400 mg	50 %	120 mg	15 %
Magnesium	187,5 mg	50 %	56,25 mg	15 %

* NRV = nutrient reference value for adults.

Values per bar are calculated from the values per 100 g.

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